

Where to eat?

Université Laval is located in the heart of Ste-Foy, an important commercial district of Québec. Consequently, there are lots of options for places to eat.

Note that, usually, the prices you will see on menus **include neither taxes**, which are about 15%, **nor service**, which is at your discretion, but is usually around 15% (tip : look at the amount of taxes on your bill to calculate the tip!).

LUNCH

Very near campus

There are several options here.

- [Chez Victor \(4\)](#), specializes in posh hamburgers (including vegetarian options). Located on Chemin Sainte-Foy in the pyramid building next to Motel Universel, a mere 10-minute walk from the Pavillon Vachon, if you follow the footpath that goes along the Stade Telus.
- If, instead of heading for the pyramid, you turn left at the end of the footpath you will end up at **Les Halles de Sainte-Foy (5)**. You will spot it by the McDonalds arches, but you will also find a variety of good food stalls: Chinese, fresh pasta, sushi counter.
- Located on **Avenue Myrand**, east of the campus, the **Café au temps perdu (6)** is a bistro with a laid-back atmosphere and an excellent selection of imported beers. As the name may suggest, service can be slow. Again, follow the footpath (along the tennis courts). On Avenue Myrand, you will also find **Matto (7)**, a nice Italian restaurant, and **L'gros luxe (8)**, a competitor to Chez Victor.

- Finally, there are several fast-food counters and restaurants in the two big shopping centres **Place Sainte-Foy (9)** and **Laurier Québec (10)**, west of campus.

DINNER

For dinner, we encourage you to explore a bit further.

Near campus

Within walking distance (about 30 minutes) of the residences, you will find a good concentration of restaurants on **Avenue Maguire (A)**, the main commercial street in Sillery, the area south-east of the campus.

There are also several steak houses on Boulevard Laurier: **Bâton Rouge (B)** in Place Ste-Foy and **La Bête (C)** a bit further west. **Bistango (D)**, located in Hotel Alt, is a nice restaurant renowned for its tartares. For pizza, you may wish to try **Pizza Jaja**, in **Complexe Jules-Dallaire (E)** (2828 boul Laurier), where you will find several other restaurants.

Old Québec

Old Québec has a high concentration of restaurants, in particular around the intersection of **Boulevard René-Lévesque** and **Rue Cartier**. Some suggestions: **Le Mezze (F)** (Greek), **Bistro la goulette (G)** (Tunisian), and **Café Krieghoff (H)**, an institution in Quebec City. More expensive options (reservations recommended) are **Le Plan B (I)** and **Graffiti (J)**.

You will find some of the best restaurants in Québec City in the Vieux-Port area. For great seafood (it is lobster season!), try **Le Marie-Clarisse** (12, Petit-Champlain, 692-0857) in the picturesque Escalier Casse-Cou. Finally, if you want to fling your last Canadian dollars on a posh meal, **Laurie-Raphaël (K)** (117 Dalhousie, 692-4555, see www.laurieraphael.com for menus and prices) and **L'Initiale (L)** (54 St-Pierre, 694-1818, see www.restaurantinitiale.com) are among the best tables in town and, indeed, in the country (the former being more relaxed).

Finally, for beer lovers, several good places with a limited but good selection of food are scattered around. Some suggestions: **Pub Le Sacrement (a)** (on Chemin Ste-Foy 3km east of campus, on the 807 bus line), **Korrigane (b)** (on Rue Dorchester, in the lower town, on the 801/802 bus line), **Le Projet (c)** (399 Rue Saint-Jean).

BON APPÉTIT!

